



BUILDING MEN FOR LIFE



KING'S HOCKEY





Dear Parents,

Our vision for all the young men we are privileged to educate is a simple one. We are committed to **Building Men for Life**. It is our desire that the boys who enter our school will leave it as well rounded young men equipped academically to pursue their dreams and also emotionally and ethically so they can contribute positively to their families and our community.

Our vision materialises through the pursuit and promotion of Personal Excellence. We encourage, inspire and expect each student to be the best that he can possibly be. Whether it is in the classroom, on the stage or in the sporting arena.

I am extremely proud to be leading a school of such talented and superb young men. I am blessed to have an outstanding staff who are committed to providing a superior education to their students.

**Dan Reddiex**  
Rector

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Dear Parents,

Over 700 students participate in sport at King's High School. From social players to New Zealand representatives we are able to cater for each student's personal goals and desires in the sporting arena.

Not only does King's have dedicated teachers in the classroom, there are committed teachers assisting in the variety of sports offered at King's. To emphasise the level of skill and experience we have available, some of these individuals have represented either NZ and/or their region in their chosen sport. Added to this we are fortunate to have a wider network of passionate and knowledgeable people who also coach at King's. All this combines to give our students access to an extremely high level of knowledge and experience both practical and theoretical in their chosen sport.

New to the school is the Sports Performance course in Year 9 and 10. It has been designed around the holistic development of the athlete. It is well documented that participation in such a programme provides excellent preparation and supports performance at the highest level. The programme has been developed with input from teachers, regional sporting bodies, High Performance Sports New Zealand, tertiary institutions and friends of the school. It will provide our top junior athletes the skills and behaviours required to achieve personal excellence at the highest level in their chosen sport(s) at King's.

We believe sport is an excellent vehicle in which to enhance the development of a well-rounded King's student, through the development of good; attitudes, behaviours, competition and social skills.

**Kane Jury**  
Head of Sports Performance

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**King's High School has a proud tradition in Hockey and is consistently among the top ranked schools in Dunedin. We have a growing regional and national reputation.**

Teams compete in the local Secondary School Competition at the McMillan Centre. This covers all grades, and being held after school every Tuesday, allows players to participate in other sports during the weekend. The 1st XI team also plays interschools against Otago Boys', Waitaki Boys', Shirley Boys' and Southland Boys' High Schools.

King's has enjoyed growing success in hockey. In 2013 the junior team were joint winners of the Tanner Cup, an elite national invitational tournament. In 2016 the 1st XI competed at the New Zealand Secondary School 1st XI Rankin Cup. The team excelled finishing 7th in New Zealand and was the highest ranked South Island team.

King's has produced many Otago Representatives. The most prominent Old Boy is Darren Smith, who played over 200 games for the Black Sticks, and recently held a role as the Black Sticks' assistant coach. In recent years a number of former pupils have represented Southern Hockey in the National Hockey League.

In 2016 Jordan Ward and Malachi Buschl were selected for the NZ U19 Team and King's had 8 players from its 1st XI representing Southern U18.

Our students have access to an on-site artificial training surface enabling students to develop their skill level under the guidance of King's teacher and former Black Stick, Mr Dave Ross.

At King's we believe that sport plays a valuable role in developing any student to enable them to achieve their goals and dreams. Sport serves as a tool to enhance their skills, confidence, and attitudes, empowering the student to succeed in life.

**Kane Jury** - [jy@kingshigh.school.nz](mailto:jy@kingshigh.school.nz)  
**Head of Sports Performance**

**Key contact:**  
**Dave Ross** - [rs@kingshigh.school.nz](mailto:rs@kingshigh.school.nz)  
**Teacher In Charge of Hockey**



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## TRIALS

Registrations for Hockey are invited towards the end of Term 1. The nature of the trials depend on registration numbers.

## TRAINING DAYS & COMMENCEMENT DATES

All teams train once a week. The training day is dependent on coach availability. The 1st XI train on a Thursday. Trainings start in the first week of Term 2. A large percentage of the 1st XI train with their representative teams twice a week.

## COMPETITION

Competition games are played on Tuesdays after school, from 3:30-9:30pm.

## ADDITIONAL COMPETITION & TOURNAMENTS

1st XI - Rankin Cup National Tournament.  
Junior A - Tanner Cup Invitational Tournament.  
Students also play in the senior club competition on Saturday. This also means an additional club training session during the week.

## EQUIPMENT/UNIFORM REQUIREMENTS

Playing uniforms (excluding socks) are provided.



## SPORTS PERFORMANCE – HOCKEY

### Goals

- To improve basic hockey skills.
- To learn the most advanced techniques as used by current internationals.
- To develop a greater knowledge and appreciation of tactics and strategies as they relate to the playing of hockey.

### Selection

Application to the programme is open to all Year 9 and Year 10 students. Selection is made by Mr Ross following junior trials.

### Discipline

Boys are expected to show high levels of commitment to the programme and adhere to an acceptable level of attendance, behaviour, dress and performance both in the programme and all other aspects of their schooling. They are expected to catch up on any classroom work missed because of their participation in the programme. Failure to do so will mean removal from the sports performance programme.

### Reporting

At the end of Term 3 each student in the programme will be given an individual assessment listing strengths and skill development areas. Also his attitude, effort and organisation during the programme will be assessed.

### The programme will include:

- Nutrition and Food Diary
- Physical Conditioning
- Mental Skills Training
- Recovery Protocols
- Performance Strategic Planning

## SPORTS PERFORMANCE- YEAR 10 SUBJECT CHOICE

A Year 10 student can choose Sports Performance as a curriculum subject. The course has been designed around the holistic development of an athlete. It provides our top junior athletes with the skills and behaviours required to perform at the highest level in their chosen sport at King's and beyond.



"Upon arriving at King's High School as a Year 9 student, I was excited about many things. However I was looking forward to nothing more than the start of the Hockey season. Since then, King's has established itself as the Premier school team in the Otago Competition. Being coached by ex NZ U21 Coach Mr Dave Ross, I knew I could expect big things on the Hockey field playing for the Lion. My first taste of success came in my first year at King's when our Junior 1st XI team won the National Junior Invitational Tournament – the Tanner Cup. In 2016, King's High School recorded our best ever finish at the National 1st XI Tournament, the Rankin Cup, placing 7th in NZ. The King's Hockey program has fast tracked my development as a player through top level coaching and a fantastic team culture." **Malachi Buschl, Year 13 and New Zealand Under 19 Representative.**



"Hockey is one of the most popular winter sports at King's. There are a wide range of teams for all skill levels. The 1st XI is coached by former Black Stick Mr Ross where we are treated as a professional outfit. Mr Ross is one of the best Coaches in New Zealand and is certainly the best I have ever had. We play a great standard of Hockey and we are looking forward to returning to the Rankin Cup again in 2017."

**James Nicolson, Year 10**

## KING'S HIGH SCHOOLS HOCKEY PATHWAY

Year 11, 12 & 13

1st XI

Senior Teams

Other Opportunities

National 1st XI Tournament - Rankin Cup

Junior XI Tournament - Tanner Cup (Invite Only)

Overseas Tour Experience

Year 9 & 10

Sports Performance Curriculum Subject  
Year 9 & 10 Hockey Sports Performance

Junior 1st XI

Junior Teams

## REPRESENTATIVE HOCKEY PATHWAY

Under 19

New Zealand

Under 18

Southern

Under 15

Otago



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[www.kingshigh.school.nz](http://www.kingshigh.school.nz)





# THE LIONS' WAY

**1. Honesty in all dealings**

**2. Perseverance to achieve goals**

**3. "We before me" mentality**

**4. Attitude before aptitude**

**5. Accountability** - we hold each other accountable





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