



BUILDING MEN FOR LIFE

KING'S FOOTBALL



Dear Parents,

Our vision for all the young men we are privileged to educate is a simple one. We are committed to **Building Men for Life**. It is our desire that the boys who enter our school will leave it as well rounded young men equipped academically to pursue their dreams and also emotionally and ethically so they can contribute positively to their families and our community.

Our vision materialises through the pursuit and promotion of Personal Excellence. We encourage, inspire and expect each student to be the best that he can possibly be. Whether it is in the classroom, on the stage or in the sporting arena.

I am extremely proud to be leading a school of such talented and superb young men. I am blessed to have an outstanding staff who are committed to providing a superior education to their students.

Dan Reddiex
Rector



Dear Parents,

Over 700 students participate in sport at King's High School. From social players to New Zealand representatives we are able to cater for each student's personal goals and desires in the sporting arena.

Not only does King's have dedicated teachers in the classroom, there are committed teachers assisting in the variety of sports offered at King's. To emphasise the level of skill and experience we have available, some of these individuals have represented either NZ and/or their region in their chosen sport. Added to this we are fortunate to have a wider network of passionate and knowledgeable people who also coach at King's. All this combines to give our students access to an extremely high level of knowledge and experience both practical and theoretical in their chosen sport.

New to the school is the Sports Performance course in Year 9 and 10. It has been designed around the holistic development of the athlete. It is well documented that participation in such a programme provides excellent preparation and supports performance at the highest level. The programme has been developed with input from teachers, regional sporting bodies, High Performance Sports New Zealand, tertiary institutions and friends of the school. It will provide our top junior athletes the skills and behaviours required to achieve personal excellence at the highest level in their chosen sport(s) at King's.

We believe sport is an excellent vehicle in which to enhance the development of a well-rounded King's student, through the development of good; attitudes, behaviours, competition and social skills.

Kane Jury
Head of Sports Performance



Football's popularity continues to grow at King's. King's was the first South Island School to run a football academy. Since its inception the academy has produced superb results.

The King's programme has been developed under the expert instruction of Mr Malcolm Fleming as the Director of Football. His wealth of knowledge, experience at a high level, and more importantly his understanding of the development of a football player, have been instrumental in the success of the programme.

King's currently fields 11 teams, four junior and seven senior, all playing in the Dunedin Schools' competition. All Dunedin Secondary Schools have teams entered and the competition features both league and cup fixtures. The junior and senior 1st XI's play several interschool games against other South Island Schools on an annual basis. In the past two years the 1st XI has qualified for the New Zealand Lotto Premier 1st XI Tournament finishing a respectable 17th and 21st in the country.

Historically King's has produced many fine footballers. Graham Marshall, perhaps the best King's player in the last 20 years, played several games for New Zealand. In 2015 Ben Kiore represented New Zealand in the U17 Football World Cup Qualifiers. The 2015 1st XI Goal Keeper Josh Dijkstra was selected in the initial New Zealand Under 20 squad vying for a place at the 2017 World Cup. There have also been many other Otago and South Island representatives over the years.

King's has a beneficial association with the West Ham United Oceania Academy. In 2017 a Senior Football team travelled to Spain and England where they had the opportunity to play against European football teams and experience training sessions with West Ham United, Tottenham Hotspur and some English FA coaches. These tours are scheduled to occur every two or three years.

Participating in sport develops resilience and provides skills that will empower each student to achieve his goals and ambitions. Using sport as one vehicle, King's High School aims to achieve the goal of Building Men for Life.

Kane Jury - ky@kingshigh.school.nz
Head of Sports Performance

Key Contacts:
Mr Malcolm Fleming - fl@kingshigh.school.nz
Director of Football

Mr Gareth Hore - he@kingshigh.school.nz
Teacher In Charge



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TRIALS

Year 9 and 10 students have four or five trials during Term 1 to ensure each student has the opportunity to showcase his skills. These trials occur during the second week of Term 1.

TRAINING & COMPETITION

Training is usually on Monday or Tuesday during terms 1, 2 and 3. The schools competition is played Wednesday after school.

ADDITIONAL COMPETITION & TOURNAMENTS

- The Junior 1st XI is entered in a national tournament against the top footballing schools in the country.
- 1st XI National Tournament.
- Potential international touring.

EQUIPMENT/UNIFORM REQUIREMENTS

The playing kit (excluding socks) is provided by the school.



SPORTS PERFORMANCE – FOOTBALL

Goals

The King's programme is centred on three basic goals:

- Each student will develop his basic technical football skill.
- Each student will gain a greater appreciation of the game, its format and philosophy while encouraging greater on-field intelligence.
- Each young man will understand the wider issues of sport, enhancing his performance and longevity in the game.

Selection

All students are invited to trial for this programme. Trials take place at the start of term 1. Football Sports Performance coaching and training takes place in school hours. The course is administered by the Director of Football Malcolm Fleming.

Discipline

Boys are expected to show high levels of commitment to the programme and adhere to an acceptable level of attendance, behaviour, dress and performance both in the programme and all other aspects of their schooling. They are expected to catch up on any classroom work missed because of their participation in the programme. Failure to do so will mean removal from the sports performance programme.

Reporting

At the end of Term 3 each student in the programme will be given an individual assessment listing strengths and skill development areas during the year. Also his attitude, effort and organisation during the programme will be assessed.

This is a great opportunity for your son to develop and improve his football skills and knowledge of the game. Few opportunities of this nature exist in South Island schools.

The programme will include:

Classroom based activities

- Nutrition and Food Diary
- Rules of the Game
- Mental Skills Training
- Recovery Protocols
- Performance Strategic Planning

Skill and Fitness Based

- Ball control
- Passing and receiving
- Speed
- Shooting
- Team play

SPORTS PERFORMANCE- YEAR 10 SUBJECT CHOICE

A Year 10 student can choose Sports Performance as a curriculum subject. The course has been designed around the holistic development of an athlete. It provides our top junior athletes with the skills and behaviours required to perform at the highest level in their chosen sport at King's and beyond.



"Football at King's High School is very strong and it is only getting stronger. Mr Fleming who is the lead Coach in charge of Football at King's has really made a difference to Football here. He is in charge of running the Sports Performance Football programme which I have been involved with for the past two years and this has really improved not only my game but that of my friends as well. I am currently in the Junior 1st XI being coached by our Rector, Mr Reddiex, who has really assisted me in developing my game. King's offers many opportunities to everyone involved in the Football programme." **Beckham Wheeler-Greenall, Year 10**

KING'S HIGH SCHOOLS FOOTBALL PATHWAY

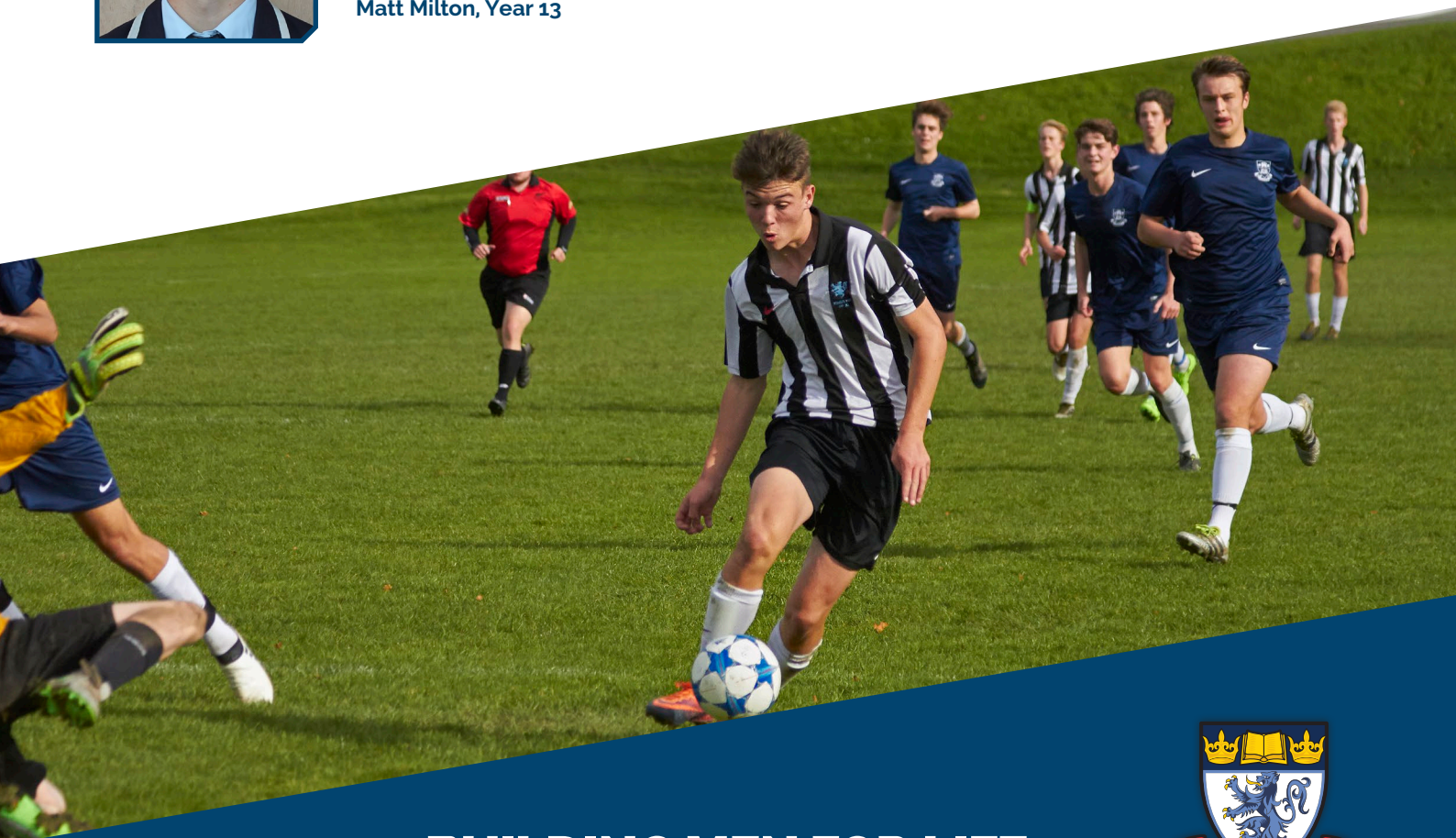
REPRESENTATIVE FOOTBALL PATHWAY

Year 11, 12 & 13	Competitive & Non Competitive		Other Opportunities	Southern United Youth	Otago	Under 20	New Zealand
	1st XI						
	2nd XI						
	3rd XI						
	Year 13A	Year 13B					
	Year 12		National 1st XI Tournament	Under 18		Secondary Schools	
	Year 11		National Junior First XI Tournament	Under 16		Under 17	
Year 9 & 10	Sports Performance Curriculum Subject		Overseas Tour Experience				
	Year 9 & 10 Football Sports Performance						
	Year 9A	Year 10A					
	Junior Mixed A	Junior Mixed B					



"Playing football for King's during my 5 years at the school has been an absolute pleasure. Having progressed from the Junior to the Senior 1st XI during my time here, I have been exposed to some excellent coaching and footballing opportunities, such as the NZSS national tournament with the potential to go again this year. This, among other trips and experiences, has been the highlight of my time at King's. I have also played under current 1st XI coach Mr Fleming for several years now and have enjoyed developing as a player through his experience and coaching expertise."

Matt Milton, Year 13



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THE LIONS' WAY

1. Honesty in all dealings

2. Perseverance to achieve goals

3. "We before me" mentality

4. Attitude before aptitude

5. Accountability - we hold each other accountable





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