



King's High School  
Daily Notices  
Monday 6th October 2025

Te Kura Tuarua o Kīngi  
Panui o Te rā  
Mane 6th Oketopa 2025

### All/Te Katoa

#### **TIMETABLE DAY – Ono**

**LGBTQ+ SUPPORT GROUP** - Join us every Monday at lunchtime for our LGBTQ+ Support Group! Whether you identify as part of the LGBTQ+ community, are curious to learn more, or simply want to show your support, everyone is welcome. This is a safe, inclusive, and relaxed space to connect, share, and support one another. Come along, meet new friends, and be part of a welcoming community. When: Mondays at lunchtime. Where: In L1. No pressure, no judgment—just good vibes and great conversations. We look forward to seeing you there! Let's make our school a more inclusive and supportive place together! For more information, contact Mr Holger Korth (Counsellor) [kh@kingshigh.school.nz](mailto:kh@kingshigh.school.nz)

**MEDITATION GROUP** - The Meditation Group, open to students and staff, meets on Monday at lunchtime in the Student Support Centre meeting room. Meditation can make you more positive, give you a sense of calm, and help you relax. Beginners as well as people with experience welcome. Please email [kh@kingshigh.school.nz](mailto:kh@kingshigh.school.nz) or [gi@kingshigh.school.nz](mailto:gi@kingshigh.school.nz) if you have any questions.

**ORCHESTRA** – Rehearsal TODAY in Room 26, 3.00 – 4.15pm.

**JAZZ BAND** – Rehearsal in the Queen's Music Room on Tuesday, 3.00 – 4.15 pm,

**MUSIC INSTRUMENT LESSONS** – Please check the timetables on the doors of R.26 and R.27  
TODAY – Cello, Flute, Piano (with Chris)  
Tuesday – Electric Bass, Trumpet, Trombone  
Wednesday – Group Guitar and Individual Guitar  
Thursday – Violin, Clarinet, Saxophone  
Friday – Drums, Piano (with Moshani).

**BREAKFAST CLUB** – Free breakfast: Bread, Weetbix and milk. This will be in the PAC Foyer, TODAY, from 11-11.15am.

**BREAKFAST RUNNING CLUB** - The Breakfast Running Club leaves from the Hockey Turf at 7:30am every Tuesday and Friday. We get back by 8am and a \$2 breakfast of Weet-Bix and toast is available. All ages and abilities are welcome.

**WHĀNAU HOMEWORK GROUP** – Whānau Homework Group is on Wednesday from 3-4pm in L3. This is a chance to catch up on homework and put in some extra study, with help from specialist teachers. Some kai is provided and everybody is welcome.

**PASIFIKA HOMEWORK GROUP** - The Pasifika Homework group is on every Wednesday in A8 from 3:00pm to 4:00pm. Come over to get help with your academic work (please let Mr Tudreu know if you need specialist help from specific teachers). Food will be provided and everyone is welcome!

**PUBLIC HEALTH NURSE** - The Public Health Nurse, is holding a FREE & CONFIDENTIAL health clinic on Wednesday, at lunchtime, in the Student Support Centre. No booking required, just knock on the door and wait to be seen. Alternatively, you can make an appointment by cell: 027 2013421 or email [Rebecca.Young@southerndhb.govt.nz](mailto:Rebecca.Young@southerndhb.govt.nz)



### Junior/Teina

**JUNIOR MUSIC WORKSHOP** - Do you learn a musical instrument outside of school? Are you interested in participating in the Otago Advanced Junior Music Workshop, held at King's and Queen's early in Term 4? If you need more information or are interested, please email Ms Dryden [dy@kingshigh.school.nz](mailto:dy@kingshigh.school.nz) or see her in room 26. This does not include piano/guitar/drum students.

**YEAR 9 OPTION ROTATION** – From this week Year 9 options will change to the following:

9Ea – ICT in T7	9Mo – Economics in B10	9Cy – Kingsman in A3/A9
9Cr – Kingsman in R.26	9Hi – Careers R.25	9Ly – Maori in L3
9Jp – Drama in R.30	9Sr – Food & Nutrition in B9/A2	