



# KING'S HIGH SCHOOL THE KING'S MEN PROGRAMME

## SENIOR STUDENTS

In the Senior School the King's Men Programme focuses on Leadership.

This is driven through the Oestreicher Leadership Award. This Leadership Award is named after Dr Paul Oestreicher, a famous King's Old Boy who attended King's High School from 1939 - 1943.

The driving force of the Oestreicher Leadership Award is student engagement. We encourage all of our students to commit to all facets of school life and to deliver their "personal best" with particular emphasis on "giving to others".

Throughout the year our senior students earn points for displaying outstanding leadership qualities from a variety of different categories. These points are displayed in the library foyer at the end of each term allowing students to track their progress. At the conclusion of the academic year, students will be awarded a Bronze, Silver, or Gold Leadership Award depending on how many points they accrue.

This points system places an emphasis on a high level of attendance, as well as a high level of engagement in every class. Extra reward is given for work of an exceptional standard (Merit Referrals) that occurs in the classroom and in an extra-curricular capacity. Service to school (service to library, coaching a team, umpiring a junior team etc.) is also highly valued and acknowledged with points, as is House Group activity or House leadership involvement (leading the House haka, driving the House singing competition etc.)

Serving the wider community is also encouraged through supporting and driving fundraising initiatives with links to Red Cross, Cancer Society, Ronald McDonald House to name a few.

The King's Man of the Year Award is presented to the student with the highest tally of points at the end of the year Prizegiving.



# THE KING'S MEN PROGRAMME



## BUILDING MEN FOR LIFE

### RATIONALE

This is a course designed to teach young men what it means and what it looks like to be a good man. It includes students learning a diverse set of skills in a wide range of learning contexts with the aim of empowering them to leave King's High School as men who are able to succeed in the world academically, socially and culturally.

The King's Men runs throughout a student's time at King's with a record kept of their involvement.

The King's Men is underpinned by Positive Education.



### LINK TO CURRICULUM

This course is designed both in the senior and junior programmes to link with the New Zealand Curriculum via a close relationship with its key competencies and values.

The New Zealand Curriculum identifies five key competencies:

- thinking
- using language, symbols, and texts
- managing self
- relating to others
- participating and contributing

These competencies are reinforced by way of book work, class and group discussion, practical sessions and access to external groups and individuals.

Along with the key competencies, our school values are an integral part of this programme and focused on extensively at both senior and junior level to reinforce and justify the messages our students receive on their journey to becoming good men. A strengths-based approach is also taken to character development.

#### Positive Education

- A philosophy that embraces the total wellbeing of each student with the aim that each student flourishes in his pursuit of personal excellence.
- The content is embedded within the King's Men programme.
- It focuses on skills and strategies that can be learned to foster positive change to:
  - ✓ Strengthen relationships
  - ✓ Build positive emotions
  - ✓ Enhance personal resilience
  - ✓ Promote a growth mindset
  - ✓ Encourage a healthy lifestyle



#### Year 9 Course

##### A RESILIENT MAN

A programme which helps development of a growth mindset and resilience.

##### A MĀTAURANGA MAN

Focus on Māori pronunciations, Mihimihi introductions, Whakatauki Māori proverbs, Sharing wisdom and Kai Tahu origin stories.

##### A FINANCIAL MAN

Focus on money management, wise buying, budgeting and sound economic decision making.

##### A HEALTHY MAN

Focus on food and nutrition.

##### A GENTLEMAN

Focus on relationships, values, identity and Hauora.

##### AN EXPRESSIVE MAN

Developing skills in public speaking and self confidence.

##### A FUTURE MAN

Focus on career pathways, goal setting and me in 20 years.

##### A CONFIDENT MAN

Being your "best possible self", having positive purpose and identifying character strengths.

#### Year 10 Course

**A FINANCIAL MAN** (10 lessons)  
Budgeting, Financial literacy.

**A FUTURE MAN** (10 lessons)  
Career pathways

**A DOMESTIC MAN** (4 lessons)  
Sewing a button, tie tying, toilet cleaning, washing clothes, ironing.

**A RESILIENT MAN** (14 lessons)  
Building best possible self, confidence, positive purpose, strengths, happiness boosting, avoiding procrastination, flow, humour, savouring, hope and leadership.

CHARACTER

COURAGE

COMMITMENT